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| --- | --- | --- | --- |
| **IDENTIFY an**  **Area of study** | **DECIDE: What musical goal were you working on?** | **ANALYZE: Were you successful?** | **What will you do in the future with this activity to improve even more?** |
| Warm-up: |  |  |  |
| **Spot 1**  Title:  Measures: | * Fingerings/Intonation * Rhythm * Tempo * Tone (from bow) * Bowings/Articulation * Dynamics/Phrasing * Posture (Left hand/Inst) * Posture (Bow hold) | * Yes, I have mastered this concept * I’m improving but this still needs work * No, I need to try something else, or get help on this spot |  |
| **Spot 2**  Title:  Measures: | * Fingerings/Intonation * Rhythm * Tempo * Tone (from bow) * Bowings/Articulation * Dynamics/Phrasing * Posture (Left hand/Inst) * Posture (Bow hold) | * Yes, I have mastered this concept * I’m improving but this still needs work * No, I need to try something else, or get help on this spot |  |
| **Spot 3**  Title:  Measures: | * Fingerings/Intonation * Rhythm * Tempo * Tone (from bow) * Bowings/Articulation * Dynamics/Phrasing * Posture (Left hand/Inst) * Posture (Bow hold) | * Yes, I have mastered this concept * I’m improving but this still needs work * No, I need to try something else, or get help on this spot |  |
| Total Time Spent Practicing today: | Other Things I worked on and/or thoughts, questions, comments... (optional): | | |